

# Mom-to-Be Glow-Up Plan

## CONGRATULATIONS!

This is such an exciting time for you! As your skincare experts, we have curated a list of pregnancy-safe treatments to keep your skin glowing, because we believe you should have Great Skin, Made Easy!

### AquaGold

Before a big event? Treat yourself to a gold microinfusion, that includes a customized cocktail of ingredients that we gently stamp into the top layer of your skin. This 24-karat gold microinfusion helps to shrink pores, brighten the skin, and create a dewy complexion & glow.

### Cyst Injection

Have a pimple brewing? Improve its appearance and cut down recovery time with a quick in-office injection.

### Dermaplaning

Looking for baby-soft skin? We use a medical-grade exfoliating tool to gently remove the top layer of skin cells and facial peach fuzz.

### LED Light Therapy

Trying to stop wrinkles in their tracks? LED light therapy uses red, blue and amber LED light to improve many signs of aging, including pigmentation, inflammation and fine lines.

### Mom-To-Be Facial

Need a break for some selfcare? This facial includes gentle exfoliation, a deep cleanse with comedone extractions, high frequency microcurrent to kill bacteria, calming face, neck and décolleté massage, and 10-minutes of LED light therapy to reduce inflammation and blemishes for brighter, more hydrated skin.

**Don't forget to book your Botox<sup>®</sup> appointment post-pregnancy and nursing!**

## Must-Have Products To Keep Your Skin Glowing



At-Home LED Light  
Therapy Mask  
\$189



SkinCeuticals  
CE Ferulic  
\$166



SkinCeuticals Clarifying  
Clay Masque  
\$55



**STRUGGLING WITH ACNE?  
SCHEDULE A COMPLIMENTARY SKINCARE CONSULTATION**



BOUTIQUE CARE FOR BEAUTIFUL SKIN

50 Old Field Point Road, Third Floor, Greenwich, CT 06830

(203)862-4000

info@kimnicholsmd.com

NicholsMD\_Dermatology